

EXPLANATION OF SYMBOLS IN THE MEETING DIRECTORY:

BB Big Book Study **LS** Literature Study
CL Candlelight **MM** Meditation Meeting
M Men Only **W** Women Only
SB Non-Smoking, with smoke break

DISTRICTS (designated next to each meeting):

(1) Bellingham/Mount Vernon **(2)** Snohomish County
(3) King/Pierce/Thurston County **(4)**

CURRENT IN PERSON MEETINGS**+++MONDAY+++**

12:00-1:00 PM **A NOON BEGINNING (D1)**
 Skagit Valley REACH Center
 1413 E College Way, Mount Vernon, WA 98273

7:00-8:30 PM **NO FRONTS (D1) SB, ⚡**
 Cascade Christian Center
 2901 Martin Rd Mt Vernon WA 98273

7:00-8:00 PM **CARPET CRUISERS (D3) ⚡**
 King of Kings Lutheran Church
 18207 108th Ave SE Renton WA 98055

7:00-8:00 PM **JAYWALKERS (D2) ⚡**
 Stillaguamish Grange Hall
 6521 Pioneer Hwy, Stanwood WA 98292

7:30-8:30 PM **KENMORE KEYSTONE (D3) ⚡**
 Northlake Lutheran Church
 6620 NE 185th St Kenmore WA 98028

7:30-8:30 PM **MISFITS (D2) CL, ⚡**
 Elim Lutheran Church
 11504 26th St NE Lake Stevens WA 98258

+++TUESDAY+++

12:00-1:00 PM **A NOON BEGINNING (D1)**
 Skagit Valley REACH Center
 1413 E College Way, Mount Vernon, WA 98273

7:00-8:00 PM **BELL RINGERZ (D3)**
 Poodle Dog Restaurant
 1522 54th Ave E Fife WA 98424

7:00-8:15 PM **JUST FRIENDS (D1)**
 Communion Church Basement (North Entrance)
 1003 S 3rd St Mount Vernon WA 98273

7:30-8:45 PM **BUT TWO ALTERNATIVES (D3)**
 Bellevue Alano Club
 12302 NE 8th St Bellevue WA 98005

7:30-8:30 PM **END OF THE LINE (D2)**
 First Church of the Nazarene
 2502 Lombard Ave Everett WA 98206

7:30-9:00 PM **SPIRITUAL LINES (D2) ⚡**
 Lynnwood Alano Club
 4001 198th St SW Lynnwood WA 98036

8:15-9:15 PM **THE FOUR FACTS (D2) LS, ⚡**
 Alpine Recovery – North
 16404 Smokey Pt. Blvd Arlington WA 98223

+++WEDNESDAY+++

12:00-1:00 PM **A NOON BEGINNING (D1)**
 Skagit Valley REACH Center
 1413 E College Way, Mount Vernon, WA 98273

6:00-7:00 PM **NEW BEGINNINGS (D2) ⚡**
 First Church of the Nazarene
 2502 Lombard Ave Everett WA 98206

7:30-8:30 PM **BOULDER BUSTERS (D3) CL, ⚡**
 Kirkland Congregational
 106 5th Ave Kirkland WA 98033

7:30-8:30 PM **LIVING PROOF (D1)**

8:00-9:00 PM

8:15-9:15 PM

+++THURSDAY+++

12:00-1:00 PM **A NOON BEGINNING (D1)**
 Skagit Valley REACH Center
 1413 E College Way, Mount Vernon, WA 98273

6:30-7:30 PM **CRACKHEADS (D2)**
 First Church of the Nazarene
 2502 Lombard Ave Everett WA 98206

7:30-8:45 PM **FEEL IT TO HEAL IT (D3) W, ⚡**
 Edmonds Lutheran Church
 23525 84th Ave W, Edmonds WA 98026

7:30-8:30 PM **FINAL BLOW (D1) ⚡**
 17337 Reservation Road
 La Conner WA 98257

7:30-8:30PM **MOMENT OF CLARITY (D3) ⚡**
 Kirkland Congregational (Meeting in Basement)
 106 5th Ave Kirkland WA 98033

8:15-9:15 PM **GOOSEBUMPS (D2) ⚡**
 Alpine Recovery – North
 16404 Smokey Pt. Blvd Arlington WA 98223

+++FRIDAY+++

12:00-1:00 PM **A NOON BEGINNING (D1)**
 Skagit Valley REACH Center
 1413 E College Way, Mount Vernon, WA 98273

6:00-7:30 PM **COKE BUSTERS (D3)**
 Welcome Table Christian Church
 1322 So Bayview St Seattle WA 98144

6:00-7:00 PM **NEW BEGINNINGS (D2) ⚡**
 First Church of the Nazarene
 2502 Lombard Ave Everett WA 98206

7:00-8:00 PM **BIG PHARMA KARMA (D2) ⚡**
 Roots Church
 8925 271st St NW Stanwood WA 98292

7:00-8:00 PM **FREEDOM FIGHTERS (D1)**
 1117 11th Street Bellingham WA 98225

7:30-8:30 PM **CHILDREN OF CHAOS (D2) ⚡**
 Emmanuel Baptist Church
 14511 51st Ave NE Marysville WA 98271

7:30-8:30 PM **ONE PUFF NOT ENOUGH (D1) ⚡**
 Vasa Lodge
 1805 Cleveland Ave Mount Vernon WA 98273

8:00-9:15 PM **R.B.C.A (D3) MM**
 First Lutheran Church
 18354 8th Ave NW Shoreline WA 98177

+++SATURDAY+++

9:00-10:00 AM **SATURDAY MORNING SOLUTION (D2) ⚡**
 Alpine Recovery – North
 16404 Smokey Pt. Blvd Arlington WA 98223

6:00-7:30 PM **RECOVERY COMES FIRST (D2) CL, ⚡**
 First Presbyterian Church of Snohomish
 1306 Lake View Avenue, Snohomish, WA 98290

7:30-8:45 PM **OUR DAILY REPRIEVE (D2) CL, ⚡**
 Alpine Recovery – North
 16404 Smokey Pt. Blvd Arlington WA 98223

Cascade Christian Church
 534 Township Street Sedro-Woolley WA 98284
NOT FOOLING AROUND (D3) M, LS
 Northlake Lutheran Church (Upstairs Library)
 6620 NE 185th St, Kenmore, WA 98028
MIDWEEK TWEAK (D2) ⚡
 Alpine Recovery – North
 16404 Smokey Pt. Blvd Arlington WA 98223

7:30-9:00 PM

10:00-11:00 PM

+++SUNDAY+++

9:00-10:00 AM **SNOW BLIND (D1) CL, SB, ⚡**
 301 Q Avenue Anacortes WA 98221
NOT IN VEIN (D3) MM, ⚡
 Northlake Lutheran Church
 6620 NE 185th St Kenmore WA 98028

3:00-4:00 PM **BLUES BROTHERS (D2) C, M, ⚡**
 Evergreen Lanes Bowling Alley
 5111 Claremont way Everett, WA 98203
SNOW BUNNIES (D2) W, ⚡
 Alpine Recovery – North
 16404 Smokey Pt. Blvd Arlington WA 98223

6:30-7:45PM **NEW FOUND FREEDOM (D3) CL, MM**
 King of Kings Lutheran Church
 18207 108th Ave SE, Renton WA 98055

7:00-8:15 PM **BLADE RUNNERS (D1)**
 Seventh-Day Adventist Church
 4520 E College Way Mt Vernon WA 98273

CURRENT VIRTUAL MEETINGS * All meetings are an hour-long Zoom meetings with no password required, unless otherwise indicated. Zoom's U.S. Toll-Free dial-in: +1 888-788-0099 and enter the meeting ID number.

<u>MONDAY</u>	<u>MEETING NAME</u>	<u>MEETING ID</u>
7:00 AM	AWAKE AGAIN	852 4944 618
12:00 PM	HOPE FOR THE DAY	177 394 598
7:00 PM	CARPET CRUISERS	891 2190 7187 PW: 550873
7:30 PM	BOULDER BUSTERS	834 1557 2634 PW: 998090
8:30 PM	HOPE FOR THE DAY	177 394 598
<u>TUESDAY</u>	<u>MEETING NAME</u>	<u>MEETING ID</u>
7:00 AM	AWAKE AGAIN	852 4944 618
12:00 PM	HOPE FOR THE DAY	177 394 598
7:00 PM	BELL RINGERZ	511 671 930 PW: 795103
7:30 PM (75 Min)	BUT TWO ALTERNATIVES	834 1557 2634 PW: 998090
8:30 PM	HOPE FOR THE DAY	177 394 598
<u>WEDNESDAY</u>	<u>MEETING NAME</u>	<u>MEETING ID</u>
7:00 AM	AWAKE AGAIN	852 4944 618
12:00 PM	HOPE FOR THE DAY	177 394 598
7:30 PM	QUEER IDEAS OF FUN (LGBTQ)	852 2510 4761 PW: unity
8:00 PM	NOT FOOLING AROUND (M, LS)	832 8342 922 PW: 919983
8:30 PM	HOPE FOR THE DAY	177 394 598
<u>THURSDAY</u>	<u>MEETING NAME</u>	<u>MEETING ID</u>
7:00 AM	AWAKE AGAIN	852 4944 618
12:00 PM	HOPE FOR THE DAY	177 394 598
7:15 PM	DARK SIDE OF THE SPOON	997 7017 1868 PW: anon1
7:30 PM	KNUCKLEHEADS	822 8886 3321 PW: 10000
8:30 PM	HOPE FOR THE DAY	177 394 598
<u>FRIDAY</u>	<u>MEETING NAME</u>	<u>MEETING ID</u>
7:00 AM	AWAKE AGAIN	852 4944 618
12:00 PM	HOPE FOR THE DAY	177 394 598
7:00 PM	FREEDOM FIGHTERS	477 925 234

8:30 PM	HOPE FOR THE DAY	177 394 598
SATURDAY	MEETING NAME	MEETING ID
7:00 AM	AWAKE AGAIN	852 4944 618
12:00 PM	SOBER MAYHEM	177 394 598
8:30 PM	HOPE FOR THE DAY	177 394 598
SUNDAY	MEETING NAME	MEETING ID
7:00 AM	AWAKE AGAIN	852 4944 618
9:00 AM	BLUES BROTHERS (M)	388 1996 912
		PW: 123145
12:00 PM	HOPE FOR THE DAY	177 394 598
7:00 PM	A FINE LINE	836 3223 4748
		PW: 98292
8:30 PM	HOPE FOR THE DAY	177 394 598

WE WELCOME YOU TO COCAINE ANONYMOUS

Cocaine Anonymous is a Fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others recover from their addiction. Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom.*

So what does “and all other mind-altering substances” mean? It means that it is the collective experience of the members of Cocaine Anonymous that addiction is a problem not limited to any one substance. It means that C.A.'s Twelve Steps are not drug-specific, and that Cocaine Anonymous is not a drug-specific fellowship. It means that it doesn't matter to us if you drank or what type of drugs you used; if you have a desire to stop, you are welcome here!”

Groups included in this directory are listed at their request. A directory listing does not constitute or imply approval or endorsement of any group's approach to, or practice of, the traditional C.A. program. In the spirit of Tradition Six, C.A. is not allied with any sect, denomination, politics, organization or institution.

THE TWELVE STEPS

1. We admitted we were powerless over cocaine and all other mind-altering substances—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory, and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.

12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

PHONE LIST

Willing to Sponsor ▲

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WASHINGTON STATE COCAINE ANONYMOUS MEETING DIRECTORY

Updated November 10, 2021



“We’re Here and We’re Free”™

Please note that this Directory (the PDF/hard copy) and the Meeting Schedule page of our website are maintained by independent personnel. Circumstances are changing rapidly during these unique times. Please check our website or call our hotline for the latest information:

www.caofwa.org
(425) 244-1150

Please submit meeting amendments, schedule updates, and any related questions, comments, or concerns to caofwaschedules@gmail.com.